Overview of Early Intervention Services (EIS) for Schizophrenia
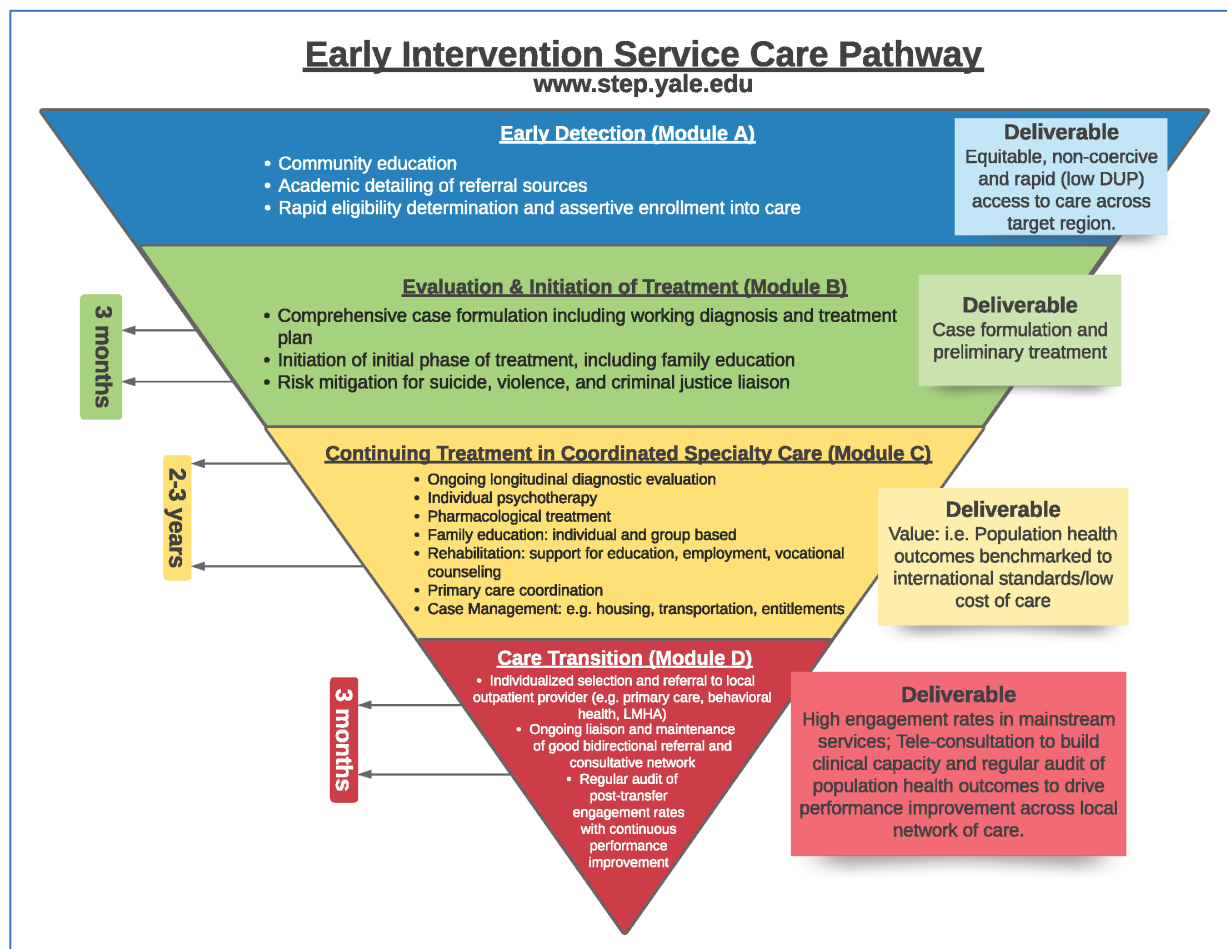
Audience:

Leaders, managers, and mental health practitioners who are stakeholders in the well-being of patients with recent onset psychotic disorders. All disciplines are welcome. We are specifically interested in those who wish to consider and adapt this evidence-based model of EIS for delivery in their healthcare agency.

Course Objectives:

This 6-session (1 hour each) course will orient participants to STEP's Early Intervention Service Care Pathway (see below). Participants will leave with a foundation in the research evidence and a clear understanding of the structures, processes and outcomes that can guide implementation. This will enable them to prepare their healthcare organizations to participate in an emerging statewide system of care for individuals with recent onset psychotic disorders. (Other educational offerings are available at https://www.ctearlypsychosisnetwork.org/providers.html) *CME/CEU credits will be available for these sessions.*

Early Intervention Service Care Pathway
www.step.yale.edu

Early Detection (Module A)
- Community education
- Academic detailing of referral sources
- Rapid eligibility determination and assertive enrollment into care

Deliverable
Equitable, non-coercive and rapid (low DUP) access to care across target region.

3 months

Evaluation & Initiation of Treatment (Module B)
- Comprehensive case formulation including working diagnosis and treatment plan
- Initiation of initial phase of treatment, including family education
- Risk mitigation for suicide, violence, and criminal justice liaison

Deliverable
Case formulation and preliminary treatment

2-3 years

Continuing Treatment in Coordinated Specialty Care (Module C)
- Ongoing longitudinal diagnostic evaluation
- Individual psychotherapy
- Pharmacological treatment
- Family education: individual and group based
- Rehabilitation: support for education, employment, vocational counseling
- Primary care coordination
- Case Management: e.g. housing, transportation, entitlements

Deliverable
Value: i.e. Population health outcomes benchmarked to international standards/low cost of care

3 months

Care Transition (Module D)
- Individualized selection and referral to local outpatient provider (e.g. primary care, behavioral health, LMHA)
- Ongoing liaison and maintenance of good bidirectional referral and consultative network
- Regular audit of post-transfer engagement rates with continuous performance improvement

Deliverable
High engagement rates in mainstream services; Tele-consultation to build clinical capacity and regular audit of population health outcomes to drive performance improvement across local network of care.

Session 1: Introduction

Key concepts:

1. Introduction to STEP Learning Collaborative and orient to course and expectations
2. The syndromal features of Schizophrenia, primary non-affective psychotic disorders
3. Heterogeneity of outcomes in Schizophrenia and role for Early Intervention, Critical period hypothesis
4. Burden of illness in Connecticut
5. Evidence for Early Intervention Services, STEP's comprehensive care pathway
6. Population Health framework and vocabulary of Systems, Networks and Pathways

Session 2: Module A - Early Detection

Key concepts:

1. The Critical Period for Schizophrenia
2. The Duration of Untreated Psychosis (DUP)
3. Pathways to Care
4. Early Detection across a regional Network, Demand and Supply facing interventions
5. Reducing wait times at a first-episode service, use of Quality Improvement (QI)

Session 3: Module B: Case Formulation

Key Concepts:

1. Differential diagnoses, secondary psychosis (Consider creating case vignettes of common differentials (primary SCZ, bipolar disorder, substance induced, ASD/developmental?)
2. Initial / Acute treatment strategies to maximize safety, tolerability while eval is ongoing
3. Family education, assessment of need
4. Engagement into care model and strategies
5. Addressing basic needs and access to clinic
6. Case formulation - putting together data elements (hospital records, labs, imaging, collateral, assessment, clinical interview); perspectives in pluralistic case formulation

Session 4 and 5: Module C: Coordinated Specialty Care (CSC)

Key Concepts:

1. STEP Care: Structure, Processes and Outcomes
   a. Overview of 6 core elements of care: psychotherapy, pharmacotherapy and health promotion, support for employment and education, longitudinal evaluation, family support and education, and coordination with community supports
   b. Intra- and Inter-team communication/coordination (Huddle, team rounds, SBAR)

  c. Core outcomes and standards for best practice EIS

2. STEP Care: Culture

  a. Phase-specific care: How to adapt and present care to emerging adults and their families

  b. Workplace culture: How to empower clinicians towards autonomy and mastery and prevent burnout

Session 6: Module D: Transitions of Care and Review of Population Health based EIS

Preparing your client for a transition of care; orienting to a population health based service

Key concepts:

1. Evidence for and practices at STEP to support effective transition from EIS to chronic illness management
2. Review of Population Health framework, how this guides the EIS and how this can be implemented within a system of care

Schedule and content subject to change

Course Information:

Session 1: Introduction (April 27th)

Session 2: Module A - Early Detection (May 4th)

Session 3: Module B: Case Formulation (May 11th)

Session 4 and 5: Module C: Coordinated Specialty Care (CSC) (May 18th & May 25th)

Session 6: Module D: Transitions of Care and Review of Population Health based EIS (June 1st)

Attendance:
We hope that you can attend every session synchronously, however, if you need to miss a session a recording will be made available shortly after the scheduled session. We ask that you make every effort to review the recording prior to the next session.

CME Information:

If you are requesting CMEs, please see the linked PDF to ensure that you have created a YaleCloud CME account and paired your mobile phone, **prior** to the first session; 1.0 CME / equivalent credit will be awarded for each synchronous session attended. A text code will be made available at the end of each session for you to submit your attendance to the Yale CME texting attendance number: 203-442-9435.

  For questions about this course or the STEP Learning Collaborative: laura.yoviene@yale.edu