



STEP FAMILY & COMMUNITY WORKSHOP SERIES: ***Understanding and Breaking the Stigma in Early Psychosis***

Presenters: [Laura Yoviene Sykes, PhD](#) - Yale's Specialized Treatment Early in Psychosis (STEP) Program and Director of the [STEP Learning Collaborative](#) (formerly Connecticut Early Psychosis Learning Health Network)

[Michelle Worthington, MS](#) – Graduate Clinician at Yale's STEP Program

Understanding and Breaking the Stigma in Early Psychosis

Thursday, June 9th, 5pm-6:30pm

Goals of the workshop include:

- Increase awareness and understanding of early psychosis
- Learn to recognize early warning signs
- Learn strategies for asking about symptoms of psychosis
- Dispel common myths about psychosis
- STEP Learning Collaborative overview
- Opportunity for Q&A

Register for **Understanding and Breaking the Stigma in Early Psychosis**:

<https://zoom.us/meeting/register/tJUvdu2qrDktHtVWmxua8h-IFD-aLrxfNw18>

Future Offerings:

Visit our website for upcoming Family & Community Workshop Series offerings:

<https://www.ctearlypsychosisnetwork.org/offerings.html>

- Strategies for Supporting a Young Person with Early Psychosis
- Navigating Mental Health Crises in the Community – Panel and Discussion
- Understanding Early Psychosis For School Personnel



For more information about early psychosis and upcoming workshops, please visit:

www.CTearlypsychosisnetwork.org