

# STEP FAMILY AND COMMUNITY WORKSHOP SERIES



**Presenters:** Laura Yoviene Sykes, PhD, from Yale's Specialty Treatment Early in Psychosis (STEP) Program and Director of the STEP Learning Collaborative  
Will Koller, MS, MPhil – Graduate Clinician at Yale's STEP Program

## Understanding and Breaking the Stigma in Early Psychosis

Wednesday March 1st, 2023 5-6 pm

This workshop is open to any Connecticut family or community member interested in learning skills to support and communicate with young people experiencing psychosis.

Goals of the workshop include:

- Increase awareness and understanding of early psychosis
- Learn to recognize early warning signs
- Learn strategies for asking about symptoms of psychosis
- Dispel common myths about psychosis
- STEP Learning Collaborative overview
- Opportunity for Q&A

Register for **Understanding and Breaking the Stigma in Early Psychosis**:  
<https://yale.zoom.us/join/91511796444>

### Future Offerings:

- **Strategies for Supporting a Young Person with Early Psychosis** - Wednesday, April 5<sup>th</sup>, 5-6pm
- **Navigating Mental Health Crises in the Community** – Panel and Discussion – Date - TBD
- **Understanding Early Psychosis for Schools** – Date - TBD

Visit our website for upcoming Family & Community Workshop Series offerings:  
<https://www.ctearlypsychosisnetwork.org/offerings.html>

